

## Binding Lesson by Deonn Stott

- **JOIN BINDING STRIPS.** Using the grid on your cutting mat, lay ends of binding right sides together at a 90° angle, overlapping slightly. It may be helpful to MARK a diagonal line. PIN, then STITCH from valley to valley on the line (Figure 1). TRIM seam allowances to 1/4" then PRESS seams open.
- **FOLD** binding lengthwise in half, wrong sides together; PRESS.
- **LAY** binding on the front side of quilt top, and **ALIGN** raw edges. Leave about an 8" tail free and begin to **STITCH** binding to quilt, using 1/4" seam allowance. **STOP** 1/4" from the first corner (a seam allowance width); **BACKSTITCH.** Remove the quilt from the machine and TRIM threads.
- **FOLD** the binding straight up at a 90-degree angle (3a); then back down (3b), even with the next edge of the quilt, forming a mitered corner.
- **BEGIN STITCHING** at the corner, **BACKSTITCH** to the edge to secure and continue sewing. **REPEAT** at all corners.
- After the last corner is mitered, continue **STITCHING** until you are about 8 to 10" from your beginning stitches. Leave plenty of binding tail to complete the splice.

### FINAL SEAM

- Lay tails of binding on quilt, being careful not to pull or stretch, and **OVERLAP** the ending tail over the beginning tail. **MEASURE** from beginning stitches about 1/3 of the way through the unstitched area; **CLIP** 1/8" notch through all four

layers of binding. **DO NOT** clip quilt (4).

- Working with the bulk of the quilt **AWAY** from you, take the **RIGHT** tail of binding and **CUT OFF** exactly at the clipped notch (5a).

- On **LEFT** binding tail, measure to add one binding-strip width away from the clipped notch, then **CUT** (5b).

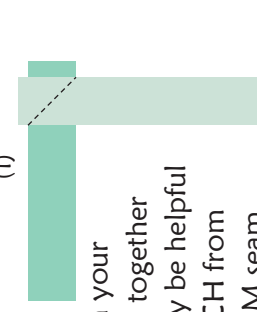
- Unfold and flatten the **RIGHT** binding tail with **RIGHT SIDE UP.** Unfold and open the **LEFT** binding tail with the **WRONG SIDE UP** (6).

- **FOLD** the bottom point of the left binding piece at a 45° angle and crease to find the stitching line. **MARK** and place over right tail, right sides together, matching notches and forming a "V" (7). **PIN**, then **STITCH** on the line, **PARALLEL** to the quilt.

- **CHECK** to make sure your binding has not somehow twisted, *then* **TRIM** seam allowance. **PRESS** seam open.

- Re-align binding strip with raw edge of quilt, and finish stitching up the remaining seam for a continuous binding.

- Fold binding to the other side of the quilt. Form mitered corners to mirror the miters on the front, then hand- or machine-stitch using matching thread color.



- **FOLD** binding lengthwise in half, wrong sides together; **PRESS.**

