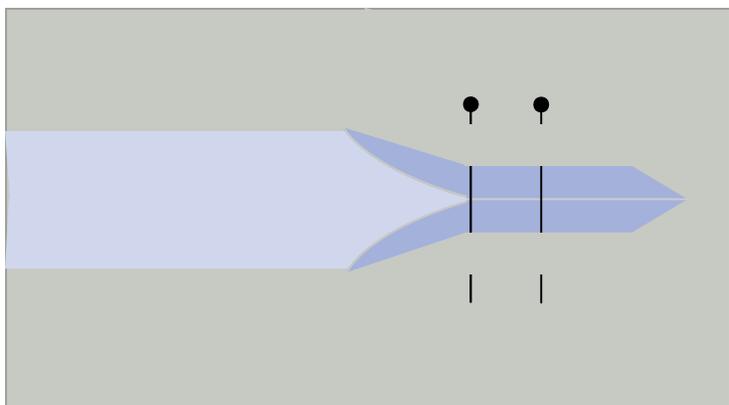


Make your own

BIAS TAPE

Use this method to create vines for appliqué,
to bind seams or aprons, or for other decor.



1) CUT your bias strips the width you need, usually double what your finished size will be. For example: 1" bias strips = 1/2" finished flat bias. Quadruple the measurement for folded bias tape. Example: 1" bias strips = 1/4" folded bias tape.

2) Place a PIN through a piece of muslin, or your ironing board cover as pictured, leaving a space as wide as you'd like the finished size. In the case of the example, leave 1/2" space. Add a second pin to the side of the first pin, about an inch away, with enough space between for the tip of the iron to press.

3) Spray a little STARCH on the bias strip, feed it underneath both pins with the outer edges folded to the center, then PRESS as you gently pull the strips between the pins, being careful to keep your edges folded. For double-fold bias tape, FOLD in half again lengthwise and PRESS.

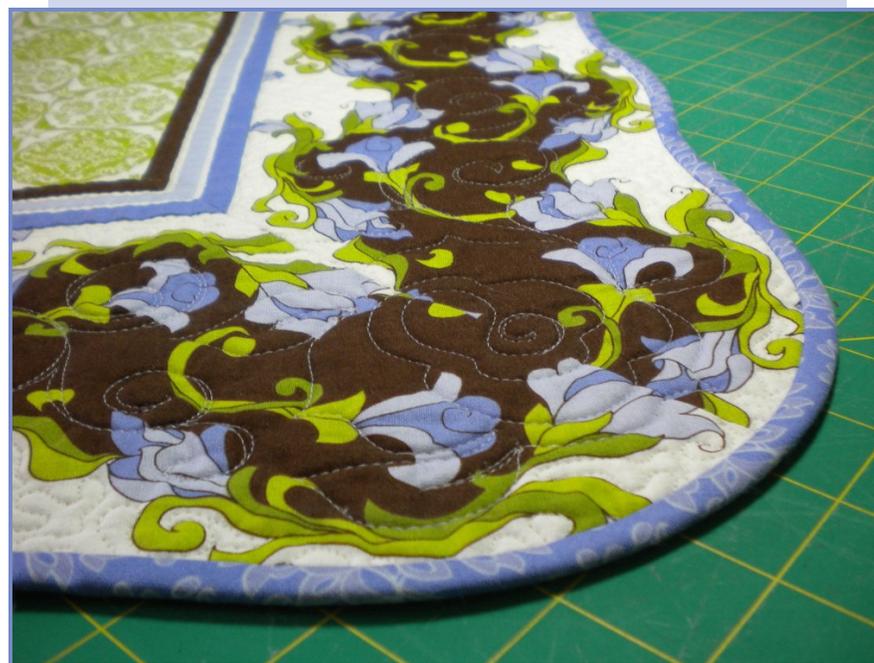
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Bias Binding



by DEONN STOTT

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LESSON IV - B Bias Binding

Supplies:

- Rotary Mat, Ruler, Rotary Blade
- Fabric

BIAS BINDING YARDAGE CHART

Crib size (40 x 54)	1/3 yard
Twin (63 x 87)	1/2 yard
Full (78 x 87)	5/8 yard
Queen (84 x 92)	3/4 yard
King (100 x 102)	7/8 yard

Directions:

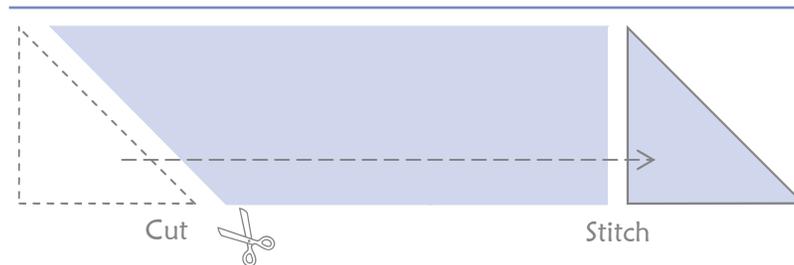
1) SQUARE UP fabric. **ALIGN** folded edge of binding fabric along a horizontal line on your cutting mat. **TRIM** cut edges.

2) Lay out fabric wrong side up. **FOLD** left corner up to cut edge at a 45-degree angle. Allow selvage edge to overhang by about 5/8". Finger press to crease.



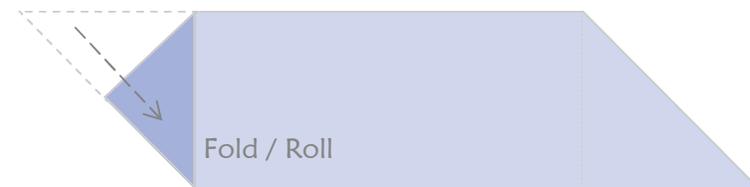
3) CUT on folded line.

4) MOVE cut piece to opposite end of fabric; **PIN** selvage edges, right sides together.



5) STITCH using a generous seam allowance to avoid selvages, about 5/8", enough so that selvages can be trimmed off. **TRIM** seam to 1/4"; **PRESS** seam open.

6) FOLD point of fabric down along 45° cut edge, keeping fabric even. Keep folding into a roll as needed to fit on your cutting mat.



7) ALIGN folded roll along a horizontal line on your cutting mat. **TRIM** end evenly, then **SLICE** into 2" segments.



8) JOIN strips right sides together, end to end, and **STITCH** from valley to valley.

9) TRIM seams to 1/4"; **PRESS** seams open.

10) PRESS binding in half, lengthwise. **FOLD** to store until needed.

